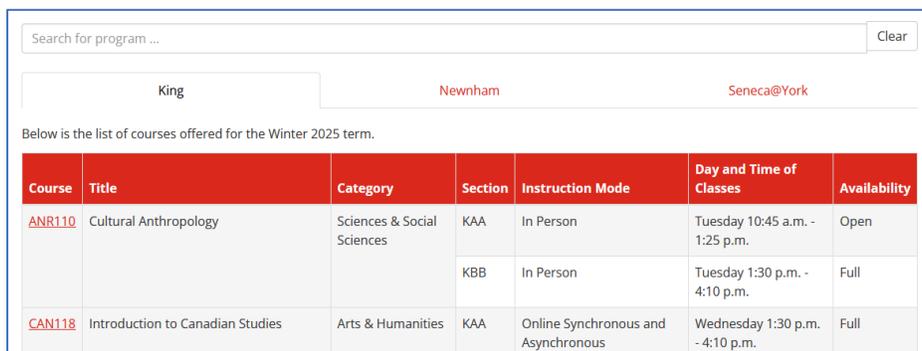


General Education (Gen Ed) and Liberal Studies Option (LSO) Courses

General Education (Gen Ed) and Liberal Studies Option (LSO) courses are elective courses taken outside of your program area. Each program may require a specific number of electives to meet the graduation requirements. Gen Ed's are for students enrolled in a **diploma** or **certificate** program, and LSO's are for students enrolled in a **degree** program.

The best way for you to understand your program's requirements is to view your academic requirements report in Student Home. While other resources are available (program website and program chart), your academic requirements should be the primary resource used.

Information about elective courses (Gen Ed's and LSO's) can be found on the [School of English and Liberal Studies website](#). On the website you will also find information on the category, instruction mode, day/time, availability and course code (if you click the hyperlink, it will provide the full course outline).



Search for program ... Clear

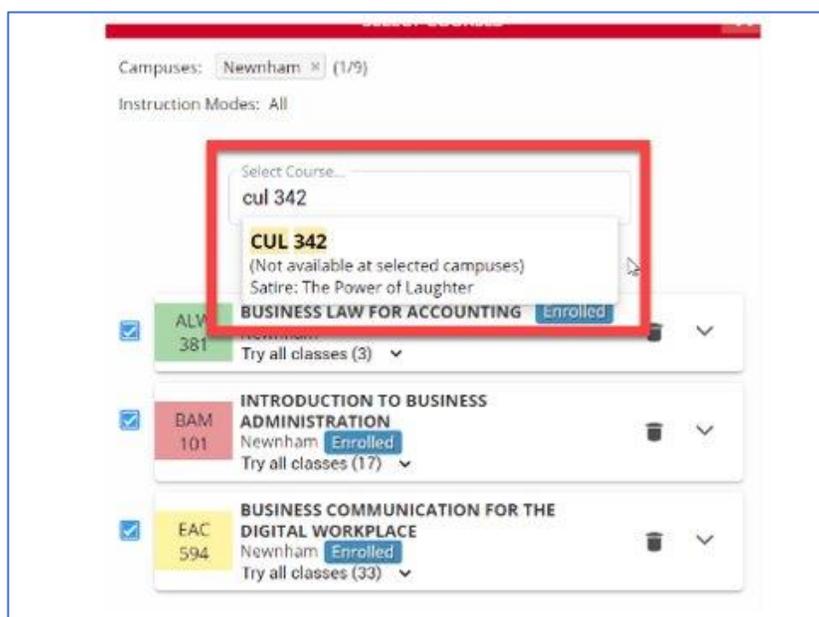
King Newnham Seneca@York

Below is the list of courses offered for the Winter 2025 term.

Course	Title	Category	Section	Instruction Mode	Day and Time of Classes	Availability
ANR110	Cultural Anthropology	Sciences & Social Sciences	KAA	In Person	Tuesday 10:45 a.m. - 1:25 p.m.	Open
			KBB	In Person	Tuesday 1:30 p.m. - 4:10 p.m.	Full
CAN118	Introduction to Canadian Studies	Arts & Humanities	KAA	Online Synchronous and Asynchronous	Wednesday 1:30 p.m. - 4:10 p.m.	Full

Adding Elective Courses to your Schedule:

To access Visual Schedule Builder (VSB), go to Student Home, click the 'Manage Classes' tile and then select 'Build Schedule.'



In the 'Select Course' field, manually enter the course code for your desired elective course. If the course is available, and fits your schedule, you will be able to complete enrollment by clicking 'Get this schedule.'

Enrollment tip sheets:

[General Education Courses](#)

[Liberal Studies Option Courses](#)

General Education (Gen Ed) and Liberal Studies Option (LSO) Courses

Things to consider when selecting an elective course:



What subjects am I personally interested in?

You will 'gel' better with subjects you have a personal interest in, or that you have always wanted the opportunity to learn!



Will this subject help me in my area of academic study or career?

Some electives may complement your current area of study or have applicable uses for your other academic pursuits.



What is the workload like for this course?

Before selecting a course, look at the outline to see what is covered and how the course is assessed. Some subjects are heavier than others!



Does this course have any restrictions?

Some electives are restricted or may not count as credits for students in specific programs. Check to make sure that taking this course will provide you with a credit!



What's my back-up plan if I can't get the course I want?

Plan early! Electives fill up quickly, so have a list of 3-5 courses you are interested in before enrollment begins. That way, you have options in case your preferred course isn't available.



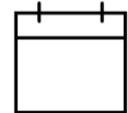
What if I'm not interested in *any* of the available courses?

You can continue checking VSB to see if courses you are interested in become available up until Day 8 of the term! Day 8 is your enrollment deadline.



Do I need to take an elective from a specific category?

Gen Ed and LSO requirements state that your elective courses cannot all be in the same category. If you have taken a course in one category already, it's a good idea to switch categories for the next one.



How does this course fit with my schedule?

It is important that you have your elective course fit with the rest of your schedule for the term. The rest of your schedule cannot necessarily be altered for the sake of a preferred elective.

Still have questions?

Learn how to [contact your Student Adviser](#) via [The Service Hub](#). Feel free to reach out anytime!