

Virtual Instagram Live Sessions

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We will host daily **Instagram Live sessions** from Monday, May 5 to Friday, May 30. All Instagram Lives will take place at 12 p.m. EDT unless otherwise indicated.

Follow the **@senecapoly** Instagram account to attend.

| Department Name | Session Date |
|----------------------------------------------------------------|--------------|
| Get Involved in Student Life – Mentoring, Wellness and more | 05-May-25 |
| Office of the Registrar | 06-May-25 |
| Student Advising - 1 p.m. | 06-May-25 |
| COM 101 VS COM 111 – Enrolling in your communication course | 07-May-25 |
| Meet the Service Hub, Your One-Stop-Shop | 08-May-25 |
| International Student Support – Immigration and Settlement | 09-May-25 |
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| MorCare- International Student Health Insurance - 1 p.m. | 09-May-25 |
| Faculty of Continuing Education (Part-Time Studies) | 12-May-25 |
| Supporting a Sexual Violence Disclosure | 13-May-25 |
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| Counselling Services and Accessible Learning Services - 1 p.m. | 13-May-25 |
| Seneca Residence | 14-May-25 |
| Career Development | 15-May-25 |
| Experiential Learning - 1 pm | 15-May-25 |
| Academic Pathways | 16-May-25 |
| Learning Centre Tutoring Services | 20-May-25 |
| Financial Aid | 21-May-25 |
| First Peoples @Seneca | 22-May-25 |
| Libraries | 23-May-25 |
| Sandbox- 1 pm | 23-May-25 |
| Seneca Student Federation | 26-May-25 |
| Helix | 27-May-25 |
| Sustainable Seneca | 28-May-25 |
| Student Conduct | 29-May-25 |
| Reconciliation and Inclusion Team | 30-May-25 |
| Student Support Groups - 1 p.m. | 30-May-25 |