

Peer2Peer Student Lounge

Published 9/25/2023 by **Shona Dias**

The Peer2Peer Student Lounge is facilitated by Student Life Peer Wellness Ambassadors who are current students with similar lived experiences as many other students and can be a wonderful support or source of information and guidance.

During the Peer2Peer Student Lounge, Peer Wellness Ambassadors will be available to:

- Talk to you about whatever is on your mind.
- Hear you out
- Support you
- Connect you to useful resources.

Support is offered in-person in a drop-in, non-judgmental, confidential, and accessible space.

The Peer2Peer Student Lounge will also have ambient music, games, activities and light refreshments.

Don't feel like chatting, you can also join us just to study, read, or have a quiet and welcoming place to just BE.

You can drop in during service hours:

Newnham Campus

Tuesday, Feb.6 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Feb.13 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Feb.20 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Mar.5 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Mar.19 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Mar.26 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Apr.2 – 1:30 to 3:30 p.m. in Room D2014
Tuesday, Apr.9 – 1:30 to 3:30 p.m. in Room D2014

Markham Campus (SIA)

Friday, Feb.2 – 1:30 to 3:30 p.m. in the Sandbox - Library
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Friday, Feb.9 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Feb.16 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Feb.23 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Mar.8 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Mar.15 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Mar.22 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Mar.29 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Apr.5 – 1:30 to 3:30 p.m. in the Sandbox - Library
Friday, Apr.12 – 1:30 to 3:30 p.m. in the Sandbox - Library

King Campus

Tuesday, Feb. 6 – 1:30 to 3:30 p.m in Room MH2024
Tuesday, Mar. 5 – 1:30 to 3:30 p.m in Room MH3000
Tuesday, Apr. 2 – 1:30 to 3:30 p.m in Room MH3000

Seneca @York Campus

Monday, Feb. 5 – 1:30 to 3:30 p.m in Room S2172
Monday, Mar. 4 – 1:30 to 3:30 p.m in Room RM1201

All Seneca students are welcome! Become a part of our Seneca Wellness Community!

If you are a student and you are feeling distressed please contact the **Personal Counselling and Accessible Learning Services** office.

tags : student-news