

# Standard First Aid and CPR–C

Version 17

Published 10/23/2023 by **Nadezda Tsygankova** Last updated 9/8/2025 1:03 PM by **Kathrina Lalog**

## Standard FIRST AID & CPR C

All students in the School of Early Childhood Education are required to hold a valid Standard First Aid plus CPR, level C certificate. Without this you will be unable to begin your field placement.

You are required to take: **Standard First Aid and CPR–C**

Courses usually run on the weekend and involve 14- 16 hours of training. Emergency First Aid DOES NOT meet the requirements!

Seneca Polytechnic has partnered with *Heaven Can Wait* to provide all Seneca students and staff with a **15% discount** on all levels of First Aid and CPR certifications.

### Why Choose Heaven Can Wait?

- Save 15% as a Seneca student or staff member
- All courses meet Workplace Safety and Insurance Board (WSIB) standards.
- Choose from 9 accessible locations
- Learn from certified health care professionals
- Final certificates are sent the next business day

### How to Register

1. Visit the **Heaven Can Wait First Aid registration page**
2. This webpage reflects the 15% discounted rate
3. Use your Seneca email address during registration to maintain your discount.

You may also take your training at any organizations below:

- **Seneca** - CPR911 Standard First Aid/Basic Rescuer CPR “C”
- **Heart to Heart** – Standard First Aid + CPR (level C) Telephone: 416-960-5319
- **St John Ambulance** – Standard First Aid + CPR (level C) Telephone: 1-888-373-0000, Toronto 416-967-4244
- **Canadian Red Cross** – Standard First Aid + CPR (level C) Telephone: 416-480-2500
- **Toronto Emergency Medical Services** Telephone: 416-392-9833 or email **emscpr@toronto.ca**

You can also find a list of authorized training organizations here: **Providers Approved to Deliver Emergency and Standard First Aid.**

Your Standard First Aid and CPR-C training is valid for three years.

Once you complete the training, you will receive your certificate. You will present this certificate when you get your field placement documents assessed.