

# Conflict in the Middle East – supports for our community

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**TO:** All students and employees

**FROM:** David Agnew, President

**RE:** Conflict in the Middle East – supports for our community

Weeks ago, war broke out again in the Middle East.

As in the past, the heaviest burden has fallen – and continues to fall – on the shoulders of the innocent, whether Israelis, Palestinians or others, including Canadians. Thousands of civilians, young and old, have died, and more are being killed or wounded every day. And some remain in captivity.

It is doubly important in this challenging time that we seek to understand the pain of those who have lost or worry about family members and friends, those witnessing their home under siege and those who feel helpless as they grieve the human impact of the crisis.

Whatever nationality, ethnicity, religion or any other demographic, all of our students and employees deserve our support and understanding.

Support is equally available to everyone at Seneca.

For students:

- Schedule a phone, video or in-person appointment with [Counselling Services](#) by emailing [senecacnas@senecacollege.ca](mailto:senecacnas@senecacollege.ca) or drop in to speak with a Student Support and Intervention Specialist in the [Counselling Office](#)
- Receive personal support and counselling worldwide through [WeConnect](#); call or text 1.888.377.0002 for support 24 hours a day, seven days a week in the language of your choice
- A team of Student Navigators is available to connect you with the right person to help you with any challenges or to a community for support; contact a Student Navigator by emailing [theservicehub@senecacollege.ca](mailto:theservicehub@senecacollege.ca)

And for employees:

- Confidential support is available through the [Employee and Family Assistance Program \(EFAP\)](#), which is available 24-7

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