## **Online Fitness Class Schedule**

Version 18

Published 9/29/2021 by Gerald Encabo Last updated 10/21/2021 5:34 PM by Gerald Encabo

## Sept. 7 - Oct. 8, 2021

## SenecaSting.ca

Monday	Tuesday	Wednesday	Thursday	Friday

11 - Card Kim	11:30 a.m. io Hi Lo	11 - 11:30 a.m. Funtional Training Mike	11 - 11:30 a.m. Barrie Michelle H No Class Sept. 8	11 - 11:30 a.m. Bootcamp Chris	11 - 11:30 a.m. Yoga Maria
		3:30 - 4:15 p.m.			

	<b>Yoga</b> Maria		