

Preparations begin for the new Health & Wellness Centre

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Taking care of your physical, mental, emotional and spiritual wellness helps you excel at whatever you do. Building on the great wellness activities we already offer, our state-of-the-art **complex for health and wellness** being developed at Newnham Campus will be a destination for students and employees to support their well-being.

Construction is set to begin in the coming months at Newnham but before we break ground, a few areas will be changing their location.

Athletics & Recreation

- All activities are still taking place in Building G and will move in Spring 2024

Medical Centre

- Moving to Room A3000, Building A during Study Week

Personal Counselling & Accessible Learning Services

- Moving to Room A3000, Building A during Study Week

School of Early Childhood Education's Lab School Studios

- Moved to room E2401, E2402, E2445 and E2446

Seneca International

- Moved to The Service Hub, Room D2381 and Room D2000 in Building D

Seneca Student Federation

- Moving on Sunday, March 31 to the following locations in Building D:
 - Room E1402 – SSF administration
 - Room E1403 – billiards and games
 - Rooms E1404 and E1405 – mini SSF event space

- Room E1418 – e-sports and clubs
- Room E1419 – health, dental and legal aid
- Former Tim Hortons, third floor – breakfast program
- Shipping & Receiving – SSF Food Bank

Questions? Email hwc@senecapolytechnic.ca.

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