Phishing vs. Spam: What's the Difference?

Published 2/26/2024 by Giuseppe Aloisi

In the deluge of emails that flood our inboxes daily, discerning between phishing and spam emails can be crucial in safeguarding our personal and professional information. While both may seem like unwelcome intruders, understanding the differences empowers us to respond effectively.

Phishing emails, often disguised as legitimate correspondence from trusted sources, aim to deceive recipients into divulging sensitive information such as passwords, financial details, or personal data. They typically use urgent language, alarming requests, or fraudulent links to prompt recipients into action.

On the other hand, spam inundates our inboxes with unsolicited advertisements, promotions, or irrelevant content. While annoying, they rarely pose a direct threat to security but can clutter our email accounts and hinder productivity.

When you suspect or spot a phishing email in your Seneca inbox, just click the red 'Report Phish' button in Outlook. This helps to protect both yourself and others from similar scams. In contrast, dealing with spam is often as simple as unsubscribing from mailing lists or marking emails as junk in Outlook. Here's how:

MySeneca Webmail

	Junk
1.	Right click on the message you want to report as junk and select Report , then Report

2. Click 'OK' on the confirmation pop-ups

Outlook Desktop App

1. Right click on the message you want to block and select Junk , then Block Sender
By remaining vigilant and proactive, we can effectively combat phishing attempts and
manage spam, ensuring a safer and more streamlined email experience.
Ctou and annum online
Stay safe and secure online!