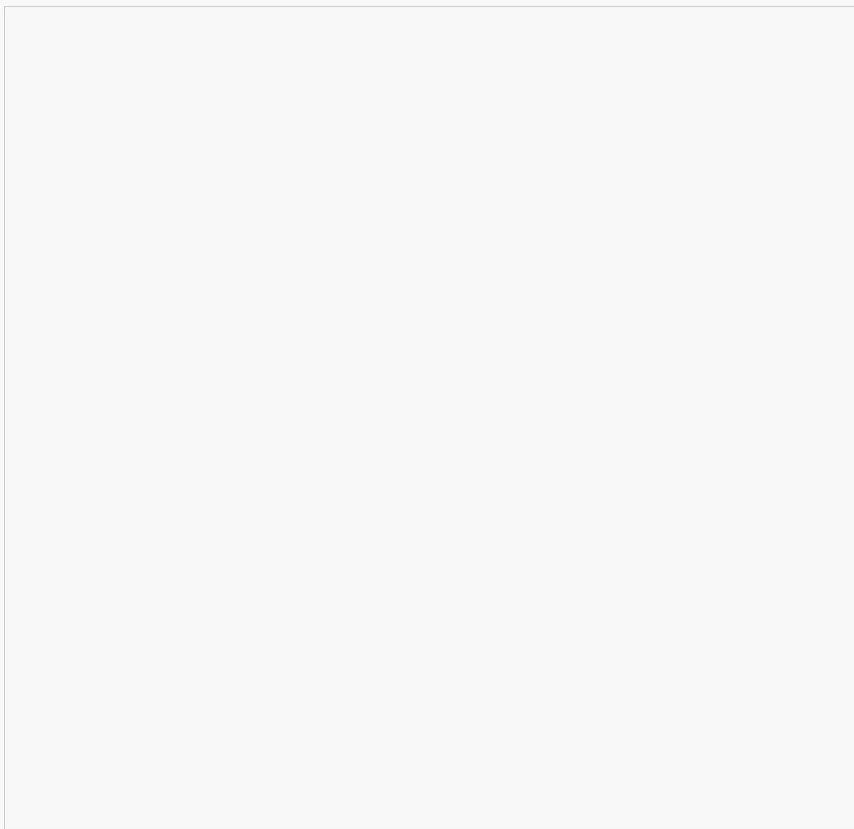


# Studying Safety

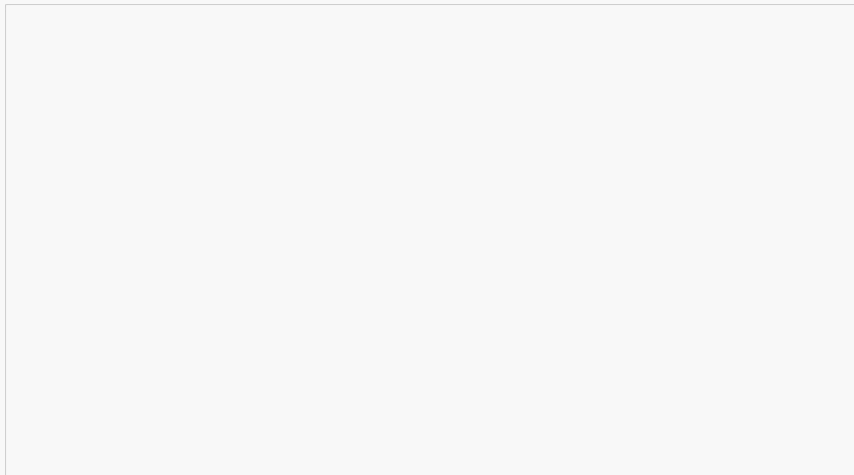
Version 1

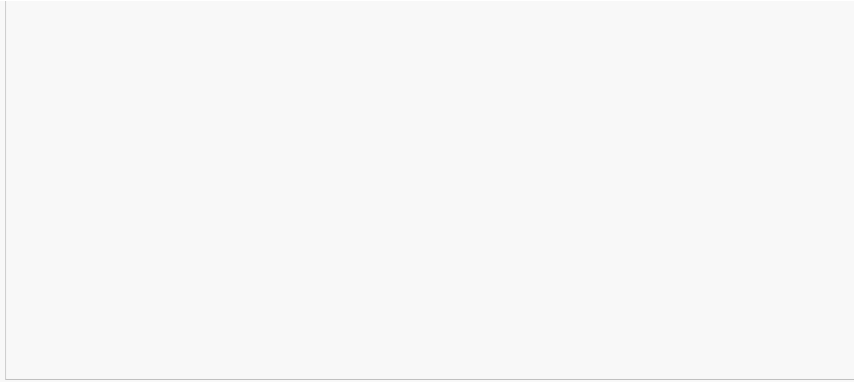
Published 4/28/2024 by [Abdul Abbas](#) Last updated 4/28/2024 1:40 PM by [Abdul Abbas](#)

---

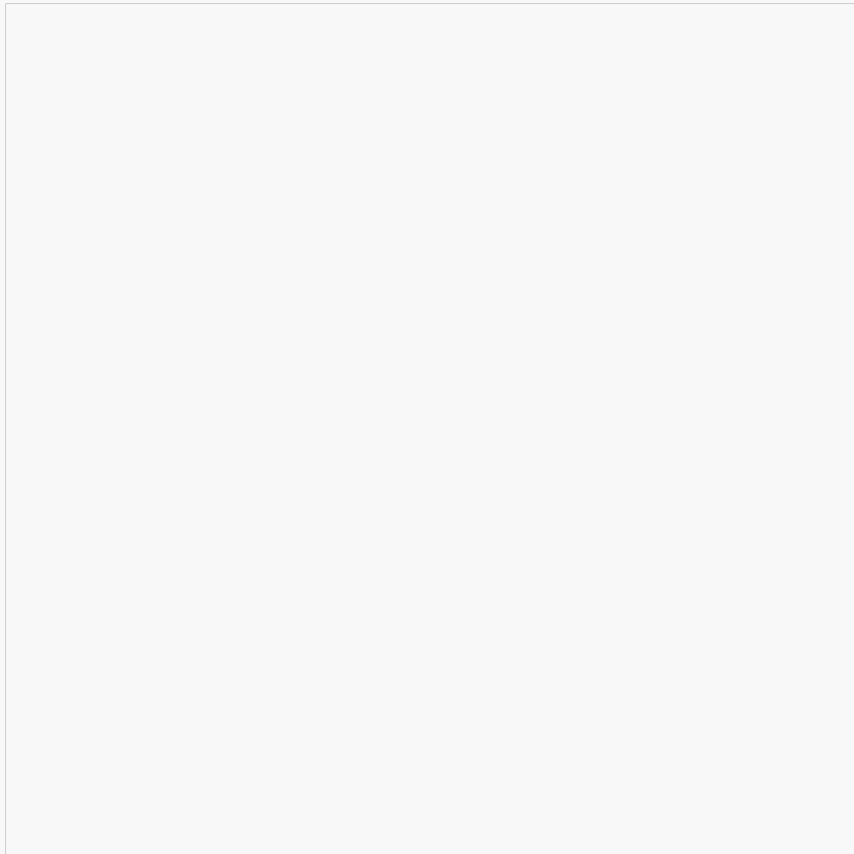


***Prevention is as easy as 1,2,3!***





On average, students in post-secondary institutions spend between 30 to 60 hours studying per week. Studying requires intense focus and it is easy to forget that the environment around us does not pause and is always changing. It is important to stay alert, even when studying.

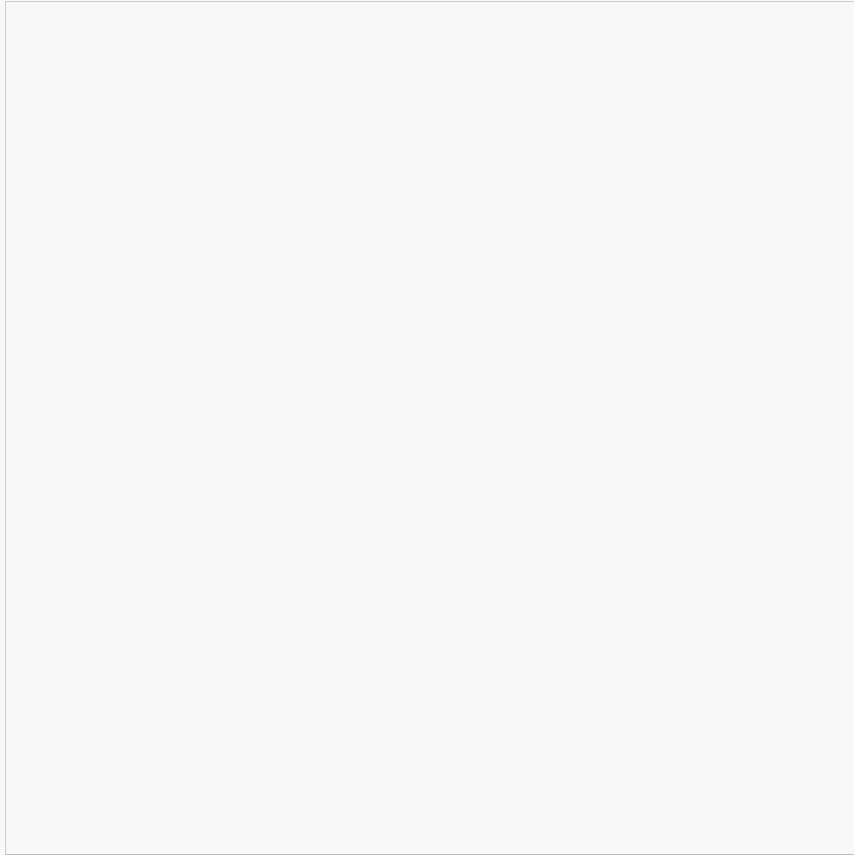


You can prevent an unfortunate circumstance from occurring if you:

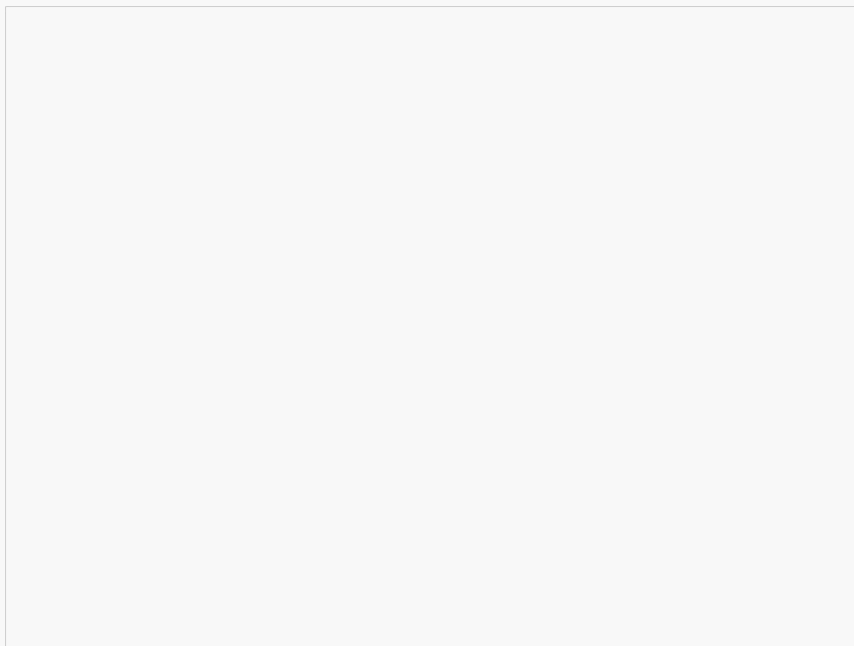
- Avoid studying in isolated areas. Instead, use designated quiet / study spaces across the campus.
- Do not study in stairwells, near doorways, or locker alcoves, as these may present fire safety concerns.
- Limit the use of personal stereo systems or headphones that could cancel important

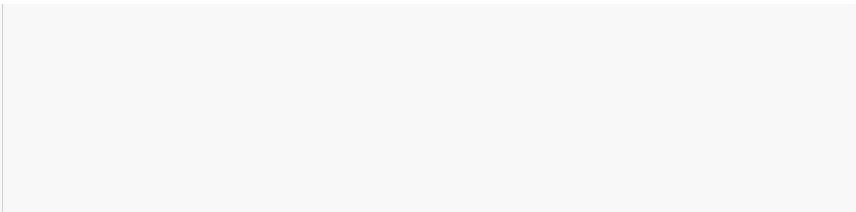
noise that would alert you to any danger.

- Make note of the nearest emergency phone and exit wherever you are.



- If you notice suspicious activity in the area, you may report it on the **Seneca Safe App** or In person at any security office.
- If an emergency announcement is made, make sure to pack your items and follow directions as required.



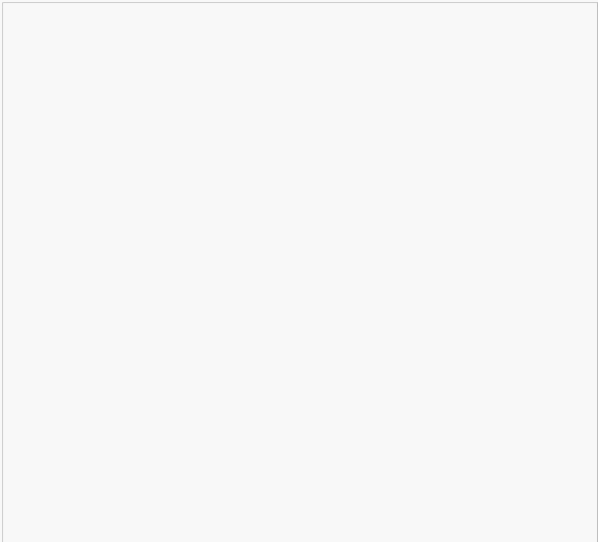
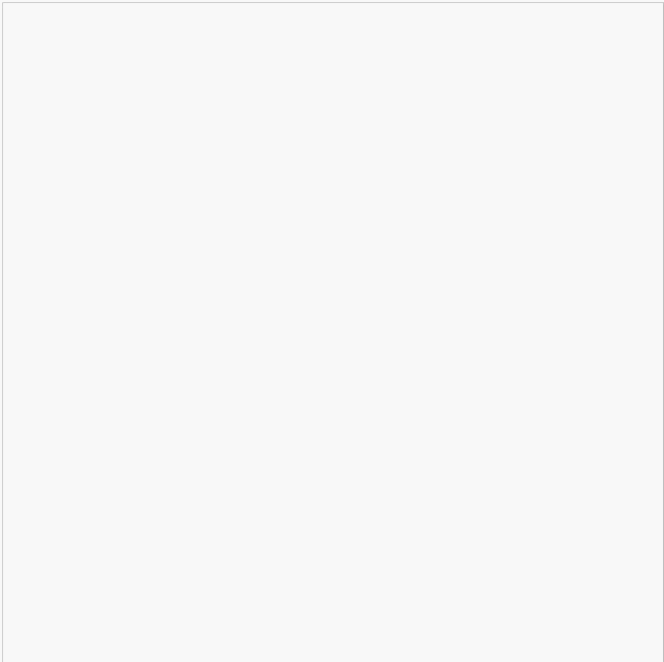


**Security Office Locations:**

Newnham: B2000	King: GH2092 (Lobby)	Seneca@York: B1144
Markham: 104 (Main Entrance)	Peterborough: YPQ 126	Contact: 416-764-0911

**Non-Emergency Online Reporting Tool**

- **Toronto Police**
- **York Regional Police**
- **Peterborough Police**



tags : campus, crime, friendwalk, library, prevention, quietzone, safety, safewalk, security, study, studying, tips, workalone