

COTC (Champion of the Court) at Seneca @York

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Seneca@York Recreation:

Learn to Play Clinics:

Women's Basketball Clinic – Mondays 3-3:45pm

Our experienced staff are here to teach you the basics of sport, help improve your technical skills, and provide a fun learning environment for everyone.

For other sports, please check out our IG @senecayorkrec for dates and times as they become available.

COTC:

Basketball – Mondays 3:45-5:45

Intramural basketball program.

Players are assigned to teams each week. Every win, gains points for each player. The player with the most points at the end of the semester is crowned Champion of the Court.

All levels of ability encouraged. This is a co-ed program.

Volleyball – Wednesdays 3:45-5:45pm

Intramural volleyball program.

Players are assigned to teams each week. Every win, gains points for each player. The player with the most points at the end of the semester is crowned Champion of the Court.

All levels of ability encouraged. This is a co-ed program.

Indoor Court Soccer – Thursdays 3:45-5:45pm

Intramural soccer program.

Players are assigned to teams each week. Every win, gains points for each player. The player with the most points at the end of the semester is crowned Champion of the Court.

All levels of ability encouraged. This is a co-ed program.