

# Seneca Health and Wellness Resources

Version 2

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Many supports and services are available to help students throughout their Seneca journey:

<a href="#">Personal Counselling &amp; Accessible Learning Services</a>
<a href="#">Athletics &amp; Recreation</a>
<a href="#">Seneca Medical Centre</a>
<a href="#">Learning Centre</a>
<a href="#">Student Services &amp; Student Life</a>
<a href="#">International Student Services</a>
<a href="#">Health Insurance: Domestic Students</a>
<a href="#">Health Insurance: International Students</a>
<a href="#">Gender-Based &amp; Sexual Violence Prevention Education</a>
<a href="#">Seneca Works</a>
<a href="#">SenecaSAFE App</a>