Seneca Health and Wellness Resources

Version 3

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Many supports and services are available to help students throughout their Seneca journey:

- Accessible Learning Services
- Counselling Services
- Athletics & Recreation
- Seneca Medical Centre
- Learning Centre
- Student Services & Student Life
- International Student Services
- Health Insurance: Domestic Students
- Health Insurance: International Students
- Gender-Based & Sexual Violence Prevention Education
- Seneca Works
- SenecaSAFE App
- Equity, Diversity & Inclusion (EDI)-Black, Indigenous and 2SLGBTQ+ Student Support
- First Peoples at Seneca
- Peer Mentoring at Seneca
- Seneca Sting Wellness Video Library