

Seneca Health and Wellness Resources

Version 2

Published 10/9/2024 by [Leonard Park](#) Last updated 10/9/2024 6:48 PM by [Leonard Park](#)

Many supports and services are available to help students throughout their Seneca journey:

Personal Counselling & Accessible Learning Services
Athletics & Recreation
Seneca Medical Centre
Learning Centre
Student Services & Student Life
International Student Services
Health Insurance: Domestic Students
Health Insurance: International Students
Gender-Based & Sexual Violence Prevention Education
Seneca Works
SenecaSAFE App