

# Create a Message Origami

Published 11/25/2024 by [Mahsa Hajir](#)

**Dates:** Monday November 25, 2024

**Time:** 11-12pm

**Location:** Cafeteria

Description:

Fold your worries away! Join us on Monday, November 25th from 11:00 to 12:00 pm at the Markham Campus, Cafeteria for a relaxing origami session. Experience the calming efforts of this mindful activity as you learn to fold paper into beautiful shapes and craft a kind message. This is a great opportunity to unwind, tap into your creativity, and connect with others.

All materials will be provided.

\*Date and location are subject to change.