# Prior Learning Assessment and Recognition (PLAR) Advising

Version 2

## Unlock Your Potential with PLAR Advising

Seneca offers comprehensive support for students interested in the Prior Learning Assessment and Recognition (PLAR) process. Our dedicated PLAR System Officers are here to help you every step of the way.

**What is PLAR?**
PLAR is a process that allows students to receive academic credit for learning and experience gained outside traditional educational settings. This can include work experience, volunteer activities, and other informal learning experiences.

**How Can A PLAR System Officer Help You?**

**Guidance on Eligibility:** We'll help you understand if your experiences qualify for PLAR.

**Application Assistance:** We'll be by your side to help you complete and submit your PLAR application.

**Documentation Support:** Learn how to properly document and present your prior learning for assessment with our help.

**Questions and Clarifications:** Have all your questions about the PLAR process answered by our knowledgeable officers.

**Contacting PLAR for Advising**
If you need assistance or have additional questions about the PLAR process, don't hesitate to reach out to our PLAR System Officers by sending an email to theservicehub@senecapolytechnic.ca requesting a PLAR advising appointment. We're here to help you succeed!