

Upcoming Events:

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1. Letter Writing for Wellness – Collaboration with Library Services:

Dates and Locations:

- Monday, February 3 – King Campus Library
- Tuesday, February 4 – S@Y Campus Library
- Wednesday, February 5 – Newnham Campus Library

Time: 12:00-3:00pm

Description: Write a letter - to yourself or to someone you care about. This is a great way to express yourself and experience a sense of relaxation. Please see the attached flyer for more details!