

Paint Your Tees for Mental Ease – Collaboration with SSF:

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1. Paint Your Tees for Mental Ease – Collaboration with SSF:

Date: Thursday, February 6, 2025

Time: 12:00pm-2:00pm

Location: SSF Hive at S@Y

Description: Create a personalized t-shirt for yourself filled with motivational and uplifting affirmations to get you going throughout the day. This event will help you express your creativity all while feeling a sense of calm. Please see the attached flyer for more details!