

Facility Hours

Published 2/12/2025 by [Mahsa Hajir](#)

Newnham Campus

Regular Hours

Fitness Centre

- Monday to Friday: 8:15am - 8:00pm
- Saturday and Sunday: 10:00am - 4:00pm

Dome

- Monday/Wednesday/Friday: 11:00am - 8:00pm
- Tuesday/Thursday: 11:00am - 5:30pm

Rec Room

- Monday to Friday: 10:00am - 7:00pm

Seneca@York Campus

Regular Hours

Fitness Center

- Monday to Friday: 9:00am - 7:30pm

Gymnasium

- Monday to Friday: 9:00am - 6:00pm

King Campus

Regular Hours

Fitness Center

- Monday to Friday: 9:00am - 7:00 pm
- Saturday: 11:00am - 3:00pm

Gymnasium

- Monday to Friday: 9:00am - 6:00pm