

Facility Hours for Winter 2026

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Facility Hours for Winter 2026

Newnham Campus

Location	Date/Time
Fitness Centre	Monday to Friday: 8:00 a.m. to 8:00 p.m.
	Saturday & Sunday: 11:00 a.m. to 4:00 p.m.
Dome	Mon/Wed/Fri : 12:00 p.m. to 8:00 p.m.
	Tues/Thurs: 12:00 p.m. to 5:00 p.m.
Rec Room (Room B1010, Building B)	Monday to Friday: 10:00 a.m. to 6:00 p.m.

Seneca@York Campus

Location	Date/Time
Gymnasium	Monday to Friday: 9:00 a.m. to 6:00 p.m.
Fitness Centre	Monday to Thursday: 9:00 a.m. to 7:00 p.m.
	Friday: 9:00 a.m. to 6:00 p.m.

King Campus

Location	Date/Time
Fitness Centre and Gymnasium	Monday to Friday: 9:00 a.m. to 6:00 p.m.

tags : recreation