

Athletics and recreation hours during Study Week

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Facility Hours for Winter 2026

Newnham Campus

Location	Date/Time
Fitness Centre	Monday to Friday: 8 a.m. to 9 p.m.
	Saturday and Sunday: 11 a.m. to 4 p.m.
Dome	Mon/Wed/Fri: Noon to 8 p.m.
	Tuesday and Thursday: Noon to 5 p.m.
Rec Room (B1010, Building B)	Monday to Friday: 10 a.m. to 6 p.m.

Seneca@York Campus

Location	Date/Time
Gymnasium	Monday to Friday: 9 a.m. to 6 p.m.
Fitness Centre	Monday to Thursday: 9 a.m. to 7 p.m.
	Friday: 9 a.m. to 6 p.m.

King Campus

Location	Date/Time
Fitness Centre and Gymnasium	Monday to Friday: 9 a.m. to 6 p.m.

tags : athletics, recreation, student-news