

# Upcoming Events

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## Extramural Sports

### What is Extramural?

Extramural sport is a competitive recreational option for students to participate on organized teams which travel to play in a day long tournament against other college teams.

Team selection involves several tryouts and a commitment from players for 2-4 tournaments per school year.

### Who can tryout?

Current full-time Seneca Polytechnic students are allowed to register and participate in tryouts and on the team if they are selected to play on a team.

**\*Note: Player eligibility is checked prior to the official roster being selected\***

### Which Extramural teams does Seneca currently offer?

For the 2025-2026 season:

King Campus (tryouts and practices)

Women's Basketball

Mixed Indoor Soccer

Mixed Volleyball

Contact: [Kelly.allaire@senecapolytechnic.ca](mailto:Kelly.allaire@senecapolytechnic.ca)

Newnham Campus (tryouts and practices)

Men's Cricket

Women's Cricket

Mixed Outdoor Soccer

Women's Ice Hockey \*tryouts and practices held at local arena\*

Men's Ice Hockey \*tryouts and practices held at local arena\* Cricket and Soccer contact:  
Sameer.khan@senecapolytechnic.ca

Hockey contact: melissa.sousa@senecapolytechnic.ca

York Campus (tryouts and practices)

Men's Basketball

Mixed Volleyball

Contact: kimberlie.beno@senecapolytechnic.ca

Tryouts and practices will begin in September 2025

tags : recreation