

CS: Self-Directed Supports -Time Management & Academic Success

Version 2

Published 5/23/2025 by [Tracey Laurin](#) Last updated 5/23/2025 6:02 PM by [Tracey Laurin](#)



Time Management & Academic Success

- [Toggl](#): Time tracker that helps you learn how much your time is worth.
- [LifeTick](#): Set and manage goals using SMART goal methodology to ensure calmer and better decision making.
- [Habitica](#): Habit-building and productivity app that uses role-playing game elements to gamify your tasks and goals.
- [GoblinTools](#): A collection of small, single task tools designed to help neurodivergent people with tasks they find overwhelming or difficult.
- [Procrastination: A Scientific Guide – James Clear](#)
- [Education Corner – Study Skills Guide](#)