Athletic facilities to operate on reduced hours for Study Week and the long weekend

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Athletics & Recreation will be operating on reduced hours for Study Week, from Monday, June 23 to Friday, June 27.

If you're planning to workout or drop in, please check the hours first.

In addition, please note, all the facilities will be closed for the long weekend from Saturday, June 28 until they reopen on Wednesday, July 2.

Seneca's online fitness library is always available.

Study Week hours

Seneca@York Campus

Gymnasium & Fitness Centre

Monday, June 23 to Thursday, June 26, 10 a.m. to 6 p.m.

Friday, June 27, 10 a.m. to 5 p.m.

Newnham Campus

Fitness Centre

Monday, June 23 to Thursday, June 26, 8 a.m. to 8 p.m.

Friday, June 27, 8 a.m. to 7 p.m.

Field

Monday, June 23 to Thursday, June 26, 1 p.m. to 8 p.m.

Friday, June 27, 1 to 7 p.m.

Rec Room (B1010)

Monday, June 23 to Friday, June 27, closed

King Campus

Gymnasium and Fitness Centre

Monday, June 23 to Thursday, June 26, noon to 4 p.m.

Friday, June 27, closed

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