Where Connection Begins – International Student Support Group

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Connect. Share. Thrive.

Feeling far from home? Discover a warm, welcoming space where international students can connect, share stories, and find support through every challenge - because you're never alone in your journey at Seneca.

Hi, I'm Caroline, a Student Ambassador for the International Student Support Group. Our group was created to bring international students together - to connect, share experiences, and support one another through the ups and downs of life in a new country. It's about sharing, supporting, and thriving together along the way.

Many of us may share similar feelings when starting life in a new country - excitement, curiosity, nervousness, and even a bit of anxiety about what's ahead. From adapting to a new culture to learning how college life works, it can be both exciting and challenging. Sometimes, what helps most isn't just study tips or information - it's connection. Just being with people who are in the same boat and understand the journey makes everything easier.

That's what the International Student Support Group is all about

Unlike a social club that focuses on big events or cultural celebrations, our group is a warm, friendly, and supportive space where everyone can relax, connect, and feel included.

Wonder what we offer? Each session provides a relaxed atmosphere where you can connect in whatever way feels comfortable - whether by joining fun activities or conversations, staying quietly (if you prefer!), or simply being part of a caring community that truly values you. It's more than a hangout - it's a supportive network to help you navigate life's challenges and not just survive but thrive.

We share experiences and information, explore campus resources together, enjoy fun activities that help us connect and make friends, and always uplift one another along the way.

Not an extrovert or a social butterfly? No worries - there's no judgment and no commitment here. We know life can be busy, so take your time; join when you can - even once is perfectly fine. Can't make it right on time? No problem - it's a drop-in! Feel free to join us anytime while the session is running. After all, life is like a box of chocolates - you never know what sweet surprise awaits when you try.

Just come as you are, relax, and feel at home - be part of a community that truly cares. Remember, you are not alone in this journey - we're here to support you every step of the way.

Can't wait to see you at our next International Student Hangout! Take care!

(Written by Caroline Cheng, Student Ambassador - International Student Support Group | Major: Digital & Social Media Marketing)

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