

# Special Edition Peer-to-Peer Lounge: Honouring International Women's Day

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International Women's Day always makes me stop and think about the women who've shaped my life. It gives me a reason to pause, look around, and think about each one of them. A parent, a sibling, a friend, a professor, a coach, a supervisor, a mentor, or someone who simply showed up for me when it mattered. It's also a day to celebrate women's achievements and to keep the conversation going about equity, respect and opportunity in our communities, including on campus.

This March, the Peer-to-Peer Lounge is celebrating International Women's Day across all four campuses with an activity that's simple, personal, and genuinely meaningful.

## Details of the Event:

When you come by, you'll have the opportunity to:

- Create a bracelet to celebrate a woman you look up to, a mentor, or someone special
- Write a short note, expressing your gratitude
- Wrap the gift so it's ready to give
- Give it to your special someone as a thoughtful, heartfelt gesture

You don't need to write something "perfect". The point of this activity is to be real. A few honest lines about how someone helped you, inspired you, or made you feel supported can be unforgettable.

## Campus Details:

- **Newnham Campus:** Tuesday, March 3 from 1:30 to 3 p.m. in D2014, D Building
- **Seneca@York Campus:** Wednesday, March 4 from 2 to 3:30 p.m. in S1161, SEQ Building
- **Peterborough Campus:** Wednesday, March 11 from noon to 2 p.m. in the Student Commons Area, 2nd Floor

- **King Campus:** Thursday, March 12 from 2:30 to 4 p.m. in MH1540, Magna Hall

Before you come in, think of one person you want to celebrate and one specific thing you appreciate about them. That's enough to get started, and the rest will flow from there.

Let's take a moment to celebrate the women who've helped us become who we are, and pass that appreciation forward in a way that feels personal and warm.

See you soon!

Written By: Rosa Faraj Mohammadi, Student Services Ambassador

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