# Volunteering

Version 3

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## **Benefits of Volunteering**

#### For You

You can make important networking contacts; learn or develop skills to add to your resume; gain work experience and references. Your self-esteem may increase as you feel needed and are meeting new people. You may receive in-house training or scholarships but ultimately you are making a difference in the world!

#### For Your Organization

Organizations like the energy and new ideas volunteers can bring. This helps them have an opportunity to better reach the community by expanding or developing their service. They get feedback on their programs and expertise help and/or advice from dedicated volunteer members.

### Get Involved

There are many ways you can get involved. The SMILE Program or "Student Mentoring in Life and Education" at Seneca offers new students a great opportunity to connect with a senior student who can mentor and support them in their transition into the College. For more information on SMILE, please visit their website.

Here are a few websites to check out.

- Volunteer Toronto
- Volunteer Canada
- Seneca's Mobile Intensive Learning Experience (M.I.L.E.)
- www.charityvillage.ca

#### **Frequently Asked Questions About Volunteering**

For more information on volunteer opportunities both locally and internationally please see our Volunteer Website Guide.

#### VOLUNTEER

It's Good for You!

Check out the SMILE Volunteer Fair for upcoming opportunities.

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