

# Resources

Version 4

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## Mitigation

### Prepare yourself

- Being prepared both mentally and physically will help you make a difference in this type of situation
- Students and employees are the first-on-scene responders; you are positioned to help victims of this emergency
  - Seneca offers Standard First Aid Training across all campuses. Opportunities for employees are offered through Leadership and Employee Development. Students who are interested in first aid training can contact their local [Seneca Student Federation office](#) for opportunities.
- Discuss different scenarios with your colleagues and fellow students that could occur in your study or work area; ask the following questions:
  - Where are the closest exits?
  - Do the doors lock in your room or would you need to barricade the door?
  - What in the area could be used as a barricade?
  - What could you possibly use as a weapon?
  - What (insert your own questions here)...?

### Identifying a person at risk

- An active attacker may be a current or former employee/student, or an acquaintance of a current or former employee/student
- With strong situational awareness, employees may notice characteristics of potentially violent behaviour in an employee
- If you have a concern about an individual or believe they may exhibit potentially violent behaviour, contact [Seneca Security](#) or call 416-491-5050 ext. 88.
- There are behaviours that can indicate someone is potentially at risk for this type of

behaviour:

- Behavioural changes
  - Outbursts, agitation, bullying, intimidation, recent altercations, threatening or offensive remarks, disturbing or disruptive behaviour
- Performance
  - Repeated absences, significant drop in performance, frequently interrupting the class or work environment, repeated violations of Seneca policies, resistance and overreaction to changes in policy and procedures
- Anti-social/Emotional
  - Isolated or withdrawn, emotional outbursts, mood swings, devoid of any emotions, empathy with individuals committing violence

### **Additional Resources**

- [Active Shooter Video and Training Program](#)
- [Frequently Asked Questions](#)

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