

CS: About Us

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Counselling Services at Seneca Polytechnic

Free Services

All counselling services at Seneca Polytechnic are free of charge for students currently enrolled in a program. There are no fees associated with booking or attending a session.

Voluntary Participation

Accessing counselling is completely voluntary. Students must consent to receive services. No one can schedule an appointment on a student's behalf, and participation in counselling sessions cannot be mandated by faculty, staff, or family members.

Confidentiality

Seneca's Counselling Services maintain strict confidentiality regarding the information shared during sessions. This means that personal details and discussions remain private unless the student gives clear permission to share information. However, there are specific exceptions to confidentiality, which are outlined in the Counselling Services Privacy Notice.

For more detailed information on the types of services we offer at Counselling Services, please visit: [Counselling Services Supports](#).

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