

Getting Support at Seneca

Version 3

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Career Development

Career Development is available to support students in their career planning throughout their academics. If you have questions about your career path, need assistance with your resume or want to be connected to careers in your industry please [book your one-on-one](#) with a Career Development Coordinator.

Information Technology Services

The [ITS department](#) provides a wide variety of services including accounts, email, wireless internet access, printing, audio/visual equipment rental and more.

We also provide [technical support via phone, email, web and in person](#) at all major campuses.

For more information, visit our [website](#).

Library

[Seneca Libraries](#) offers 24/7 access to a large selection of electronic resources.

Online services include:

- [Ask Us Live](#)
- [Virtual research appointments](#)
- [Citation support](#)
- Alternative format services (Counselling & Accessibility)

The [Sandbox](#) supports a variety of digital assignments through a range of online resources:

- [Live webinars](#)

- [Online modules and step-by-step guides](#)

Teaching and Learning

Are you ready for [online learning](#) at Seneca?

This [module](#) will take 10 minutes to complete. You will be provided with resources specific to your needs at the end of the module. The time needed to read/watch the specific resources will vary depending on how much support you need.

Counselling and Accessibility Services

[Counselling and Accessibility Services](#) are available through phone and email:

- 416-491-5050 x22900
- senecacnas@senecacollege.ca

Outside of our hours of operation, if you are in crisis or have any immediate concerns you may contact any of the following for further assistance:

- Good to Talk: 1-866-925-5454
- Mental Health Helpling: 1-866-531-2600
- Visit your nearest hospital emergency room (ER)

Learning Centres

The continues to be the one-stop location for delivering academic support to students in foundational skills (English, writing, math, and study/learning skills) and in foundational courses (from first to fourth semesters).

We are here to support you, so you can learn the strategies that will help you succeed academically. Check out this [video](#) to learn more about our range of services.

For more information and to book our services, check out our [website](#).

Student Life

Looking for events and workshops to stay connected? We've moved online.

Check out the [calendar](#). From mindfulness to nutrition to connecting to indigenous culture virtually, you'll find something for you.

There are daily 15 minute drop-ins on Instagram – trivia, wellness tips and learning to speak Spanish. Follow @SenecaCollege

You can also find resources about your start at Seneca on the [Orientation website](#).

tags : learning-online