

Gymnasium & Fitness Centre Hours

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Hours

Newnham Campus

Regular Hours

Fitness Centre - Residence

- Monday to Friday: 8:15 a.m. to 8 p.m.
- Saturday: 10 a.m. to 3 p.m.

Field

- Monday to Friday: 9 a.m. to 7 p.m.

Seneca@York Campus

Regular Hours

- Monday to Friday: 9 a.m. - 7 p.m.

Markham Campus

Regular Hours

Fitness Centre

- Monday to Friday: 9 a.m. - 5 p.m.

King Campus

Regular Hours

- Monday to Friday: 9 a.m. to 5 p.m.

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