

# Gymnasium & Fitness Centre Hours

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## Hours

### Newnham Campus

#### Regular Hours

Fitness Centre - Residence

- Monday to Friday: 8:15 a.m. to 8 p.m.
- Saturday: 10 a.m. to 3 p.m.

Field

- Monday to Friday: 9 a.m. to 7 p.m.

### Seneca@York Campus

#### Regular Hours

- Monday to Friday: 9 a.m. - 7 p.m.

### Markham Campus

#### Regular Hours

Fitness Centre

- Monday to Friday: 9 a.m. - 5 p.m.

### King Campus

#### Regular Hours

- Monday to Friday: 9 a.m. to 5 p.m.

tags : fithours