

# Instagram Live sessions

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Join our Instagram Live sessions everyday hosted on the @SenecaSLife account at **12:00 pm**

1) On Monday you can learn about the Student Mentoring in Life and Education (SMILE) Program and how you can get a peer Mentor.

2) On Tuesday you will learn about the Seneca Residence and the services and supports available to you.

3) On Wednesday you learn about the Faculty of Continuing Education (Part-Time Studies) department and the services and supports available to you.

4) On Thursday you can learn about the difference between the COM courses and how your placement is determined.

5) On Friday you can learn about the Libraries and the services and supports available to you and about the Sandbox and how to access the resources you need to create digital media (1:00 p.m.)