

Tips to live a plastic-free life

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Did you know July is **plastic-free month**? There are many things you can do to reduce single-use plastic in your day-to-day life on-campus, including:

- Bringing a reusable mug to your favourite coffee shop when purchasing a beverage
- Refilling your water bottle using one of the water stations available at each campus
- Packing waste-free lunches

At home, there are many plastic swaps you can do, including:

- Using beeswax food wraps instead of plastic wrap
- Reusing glass jars or containers
- Cleaning your home with plastic-free cleaning products
- Packing lunch and snacks in reusable bags

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