

# Register to attend the Survivors' Workshop Series

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Students with lived experiences of violence are welcome to join the Survivor Workshop Series. During these workshops Jungle Flower, founder of Reclaim Your Voice, will help offer opportunities to decrease the isolation that can impede the healing process through creative expression.

Workshops take place from 2:30 to 4 p.m. on the following days:

- Tuesday, Oct. 4 – [Survivors' Workshop Series-Inner Child](#)
- Tuesday, Oct. 11 – [Survivors' Workshop Series – My Restorative Rights](#)
- Tuesday, Oct. 18 – [Survivors' Workshop Series – Poetry for Healing](#)
- Tuesday, Oct. 25 – [Survivors' Workshop Series– Self-Forgiveness](#)

Interested students can email [caroline.larocque@senecacollege.ca](mailto:caroline.larocque@senecacollege.ca) to register. Please include your student ID.

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