

# Recharge in 2023

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A new set of [Career Recharge](#) workshops will take place next year to help professionals at all stages of their career expand their knowledge and learn new skills.

Register for one of the following workshops:

- Tuesday, Jan. 10 – [Career Recharge: Personality - You and the Workplace](#)
- Tuesday, Jan. 17 – [Career Recharge: Interviewing – Monthly InStage Session](#)
- Tuesday, Jan. 24 – [Career Recharge: Building Resiliency](#)
- Tuesday, Feb. 7 – [Career Recharge: Managing Work Stress](#)
- Tuesday, Feb. 14 – [Career Recharge: Introducing Yourself Monthly InStage Session](#)
- Tuesday, Feb. 21 – [Career Recharge: Growth Mindset](#)

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