

# BHM: Podcast discussions and Ask me Anything

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During the month of February, join us as we discuss the podcast "Strong and Free" by with award-winning investigative journalist Garvia Bailey, as she covers six significant stories of African-Canadian history.

**We will discuss 2 episodes each week at 5:30 p.m**

**Feb.1: episodes 1,2**

**Feb.8: episodes 3,4**

**Feb. 15: episodes 5,6**

**To join our discussion sessions, [click here](#)**

Click the link below to listen to the podcast

## **[Strong and Free | All Episodes \(transistor.fm\)](#)**



### **[Strong and Free | All Episodes](#)**

Tracing stories from the earliest Black settlers to recently arrived Canadians, Strong and Free captures just a few of the crucial stories of Black Canadians thriving and contributing to building this country. Listen to Strong and Free, a six-part podcast from Historica Canada, produced by Media Girlfriends. Because Black history is Canadian history. [strongandfree.transistor.fm](http://strongandfree.transistor.fm)

## **The podcast discussions will culminate with Ask Me Anything with the author Garvia Bailey**

Join us on Feb. 22 at 1 p.m. to hear about six significant stories of African-Canadian history, with award-winning investigative journalist, Garvia Bailey.

About the podcast author:

Garvia Bailey is a co-founder of Media Girlfriends Inc. Garvia's career in media spans close to two decades as a producer, host and columnist for the CBC and JazzFM. Garvia is the recipient of the 2019 RTDNA award for opinion writing and a 2017 Silver Medalist at the New York Radio Awards. Garvia is a jurist for the prestigious Canadian Hillman Prize for investigative journalism. Garvia's work is centered around inclusion, care and excellence in journalism.