

BHM: Podcast discussions and Ask me Anything

Published 1/17/2023 by [Shona Dias](#)

During the month of February, join us as we discuss the podcast "Strong and Free" by with award-winning investigative journalist Garvia Bailey, as she covers six significant stories of African-Canadian history.

We will discuss 2 episodes each week at 5:30 p.m

Feb.1: episodes 1,2

Feb.8: episodes 3,4

Feb. 15: episodes 5,6

To join our discussion sessions, [click here](#)

Click the link below to listen to the podcast

Strong and Free | All Episodes ([transistor.fm](#))



Strong and Free | All Episodes

Tracing stories from the earliest Black settlers to recently arrived Canadians, Strong and Free captures just a few of the crucial stories of Black Canadians thriving and contributing to building this country. Listen to Strong and Free, a six-part podcast from Historica Canada, produced by Media Girlfriends. Because Black history is Canadian history. strongandfree.transistor.fm

The podcast discussions will culminate with Ask Me Anything with the author Garvia Bailey

Join us on Feb. 22 at 1 p.m. to hear about six significant stories of African-Canadian history, with award-winning investigative journalist, Garvia Bailey.

About the podcast author:

Garvia Bailey is a co-founder of Media Girlfriends Inc. Garvia's career in media spans close to two decades as a producer, host and columnist for the CBC and JazzFM. Garvia is the recipient of the 2019 RTDNA award for opinion writing and a 2017 Silver Medalist at the New York Radio Awards. Garvia is a jurist for the prestigious Canadian Hillman Prize for investigative journalism. Garvia's work is centered around inclusion, care and excellence in journalism.