

How to avoid slips, trips and falls this winter

Published 1/27/2023 by [Stephanie Conte](#)

With buildups of snow and ice, reports of slips, trips and falls on Seneca's campuses increase. These incidents are preventable when the right precautions are taken.

Always take routes that are clear to avoid potential accidents. Don't take shortcuts that are icy or have walkways that have not been shovelled. If the weather is especially bad, plan accordingly, factoring in additional time if necessary to reach your destination safely.

In addition, ensure you are properly dressed for winter weather conditions. Opt for a pair of boots that have traction to avoid slips or falls while walking. If you must carry items, consider placing them in a knapsack so that your hands remain free for additional balance.

Read more tips on how to avoid slips, trips and falls this winter ([Health & Safety - avoid winter slips, trips and falls.docx](#)).

tags : student-news