

Seneca Health and Wellness Resources

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Many supports and services are available to help students throughout their Seneca journey:

Personal Counselling & Accessible Learning Services
Athletics & Recreation
Seneca Medical Centre
Learning Centre
Student Services & Student Life
International Student Services
Health Insurance: Domestic Students
Health Insurance: International Students
Gender-Based & Sexual Violence Prevention Education
Seneca Works
SenecaSAFE App
Equity, Diversity & Inclusion (EDI)-Black, Indigenous and 2SLGBTQ+ Student Support
First Peoples at Seneca
Peer Mentoring at Seneca
Seneca Sting Wellness Video Library



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